

## **General Manifestations**

I am a magnet for all the good that life has to offer.

I give no power to limiting beliefs

I have everything I need to be happy right now

I am creating a wonderful future for myself right now.

I am now in perfect harmony with the universal laws of attraction.

I am the master of my own destiny.

I attract what I talk about, so I only speak positive words.

I can have, do, or be anything I choose.

I easily attract all the abundance, love and joy that I want.

I know that nothing happens without my having invited it.

I know that size is nothing to the universe; therefore I dream big!

I live my life according to the laws of the universe.

Miracles happen in my life every day.

My life is full of miracles.

My dreams are coming true every day.

My life is one miracle after another.

My life is unfolding exactly as I have visualized.

My positive energy draws positive circumstances and people into my life.

My positive thoughts and beliefs manifest all of my dreams.

My purpose is in perfect harmony with the laws of the universe.

My request for a miracle is being answered right now.

My subconscious mind attracts health, wealth, and happiness into my life.

My thoughts draw towards me all that I need and desire.

The power that created me is the same power I use to create my life.

There is no limit to what I can manifest in my life.

## **Success Manifestations**

Whatever I conceive and believe, I will achieve.

Tomorrow I will be where my thoughts go today.

I can have, do, or be anything I choose.

Success and achievements are natural outcomes for me.

I am example of success and triumph.

Every action I undertake is a success.

Everything I need to succeed, lies within me.

I always achieve all that I set out to do.

I am a winner!

I am the architect of my success.

I deserve to be successful.

## **Money Affirmations**

Through the universal law of attraction, I manifest great abundance in my life.

I welcome financial freedom and ease now.

I can feel my abundance growing daily.

I trust in the universe to grow my abundance.

I always have more than enough money.

I know that financial well-being is my right.

My financial situation is growing day by day.

The universe provides everything I need.

I know that more money is coming to me.

I am grateful for the ability to manifest money.

## **Health/Weight-Loss Affirmations**

I am attaining and maintaining my ideal weight.  
My body is strong and healthy.

I love myself.

My body naturally sheds unwanted fat.

My body is easily satisfied with a small amount of food.

I have a strong urge to eat only health-giving and nutritious foods.

I take good care of my health.

I have perfect control of my weight.

I am attracting people and information that will help me to live a healthy life.

I release my being to find health and lovingly.

I release my being to find its perfect eating plan, whatever that may be.

I am in tune with how my body feels and what it needs.

I enjoy perfect health.

## **Love Affirmations**

My heart is always open and I radiate love.

I love myself and everybody else and in return everybody loves me.

Everywhere I go, I find love.

It is easy for me to express love and in return, it is easily expressed back to me.

I clearly see myself in love with the man/woman of my dreams.

I am attracting emotionally available partners to my loving and giving spirit.

Long-lasting, loving relationships brighten my life.

I rejoice in the love I encounter every day.

I am safe in all of my relationships. I am always treated well.

Every single second is an opportunity to change your life, because in any moment you can change the way you feel.

– **Rhonda Byrne**

You create your own universe as you go along.

– **Winston Churchill**

It is the combination of thought and love which forms the irresistible force of the law of attraction.

– **Charles Hammel**

See the things that you want as already yours. Know that they will come to you at need. Then let them come. Don't fret and worry about them. Don't think about your lack of them. Think of them as yours, as belonging to you, as already in your possession.

– **Robert Collier**

What things soever ye desire, when ye pray, believe that ye receive them, and ye shall have them.

– **Mark 11:24**

Take the first step in faith. You don't have to see the whole staircase. Just take the first step.

– **Dr Martin Luther King Jr.**

All that we are is a result of what we have thought.

– **Buddha**

Imagination is everything. It is the preview of life's coming attractions.

– **Albert Einstein**

Whatever the mind can conceive it can achieve.

– **W. Clement Stone**

How wonderful it is that nobody need wait a single moment before starting to improve the world.

– **Anne Frank**

Divine mind is the one and only reality.

– **Charles Fillmore**

Whether you think you can or think you can't, either way you are right.

– **Henry Ford**

Impossible is just a big word thrown around by small men who find it easier to live in the world they've been given than to explore the power they have to change it. Impossible is not a fact. It's an opinion. Impossible is not a declaration. It's a dare. Impossible is potential. Impossible is temporary. Impossible is nothing.

– **Muhammad Ali**

If you don't know where you are going, you'll end up someplace else.

– **Yogi Berra**

To accomplish great things we must not only act, but also dream; not only plan, but also believe.

– **Anatole France**

Nurture your mind with great thoughts, for you will never go any higher than you think.

– **Benjamin Disraeli**

Nothing is, unless our thinking makes it so.

– **Shakespeare**

When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.

– **Helen Keller**

Keep away from people who try to belittle your ambition. Small people always do that, but the really great ones make you feel that you, too, can become great.

– **Mark Twain**

Those who think they have no time for bodily exercises will sooner or later have to find time for illness.

– **Edward Stanley**

We are always getting ready to live but never living.

– **Ralph Waldo Emerson**

I attract to my life whatever I give my attention, energy and focus to, whether positive or negative.

– **Michael Losier**

That which is like unto itself is drawn.

– **Jerry and Esther Hicks**

What you radiate outward in your thoughts, feelings, mental pictures and words, you attract into your life.

– **Catherine Ponder**

Nothing external to me has any power over me.

– **Walt Whitman**

Happiness is not a destination. It is a method of life.

—**Burton Hills**

If you can dream it, you can do it.

– **Walt Disney**

Whatever you create in your life you must first create in your imagination.

– **Tycho Photiou**

The grateful mind is constantly fixated upon the best. Therefore it tends to become the best. It takes the form or character from the best, and will receive the best.”

– **Wallace D.Wattles**

Be thankful for what you have, you'll end up having more. If you concentrate on what you don't have, you will never ever have enough.

– **Oprah Winfrey**

A person is what he or she thinks about all day long.

– **Ralph Waldo Emerson**

Nurture great thoughts, for you will never go higher than your thoughts.

– **Benjamin Disraeli**

As soon as you start to feel differently about what you already have, you will start to attract more of the good things, more of the things you can be grateful for.

– **Joe Vitale**

Man, alone, has the power to transform his thoughts into physical reality; man, alone, can dream and make his dreams come true.

– **Napoleon Hill**

Cherish your visions and your dreams as they are the children of your soul, the blueprints of your ultimate achievements.

– **Napoleon Hill**

Gratitude is an attitude that hooks us up to our source of supply. And the more grateful you are, the closer you become to your maker, to the architect of the universe, to the spiritual core of your being. It's a phenomenal lesson.

– **Bob Proctor**

A man is but the product of his thoughts. What he thinks he becomes.

– **Gandhi**

Everyone visualizes whether he knows it or not. Visualizing is the great secret of success.

– **Genevieve Berhrend**

I can accept failure, everyone fails at something. But I can't accept not trying.

– **Michael Jordan**

I have decided to be happy, because it's good for my health.

– **Voltaire**

Every saint has a past and every sinner has a future

– **Oscar Wilde**

A moment of gratitude makes a difference in your attitude

– **Bruce Wilkinson**

Learning is a gift. Even when pain is your teacher.

– **Maya Watson**

I can be changed by what happened to me, but I refuse to be reduced by it.

– **Maya Angelou**

Darkness cannot drive out darkness; only light can do that.

– **Martin Luther King Jr**

There is no cosmetic for beauty like happiness.

– **Lady Blessington**

All things are difficult before they are easy.

– **Thomas Fuller**

You are in the perfect position to get there from here.

– **Abraham Hicks**

Givers get given to.

– **Russell Simmons**

Always be a first-rate version of yourself, instead of a second-rate version of somebody else.

– **Judy Garland**

The entire universe is a great theatre of mirrors.

– **Alice Bailey**

Love everyone. Trust few. Paddle your own canoe.

– **Anonymous**

Criticism is something we can avoid easily  
by saying nothing, doing nothing,  
and being nothing.

– **Aristotle**

Genius is the ability to receive from the universe.

– **I Ching**

## **Power Words**

**Joy**

**Freedom**

**Love**

**Abundance**

**Excitement**

**Harmony**

**Peace**

**Happiness**

**Courage**

**Focus**

**Laughter**

**Believe**

**Dream**

**Adventure**

**Explore**

**Create**

**Grateful**

**Strength**

**Confidence**

**Healthy**

**Consistency**

**Progress**

**Family**

**Blessed**

**Worthy**

**Connection**

**Patience**

**Brave**

**Fun**

**Faith**